

# Archetypal Assessment Labyrinth

## Female Energy Path

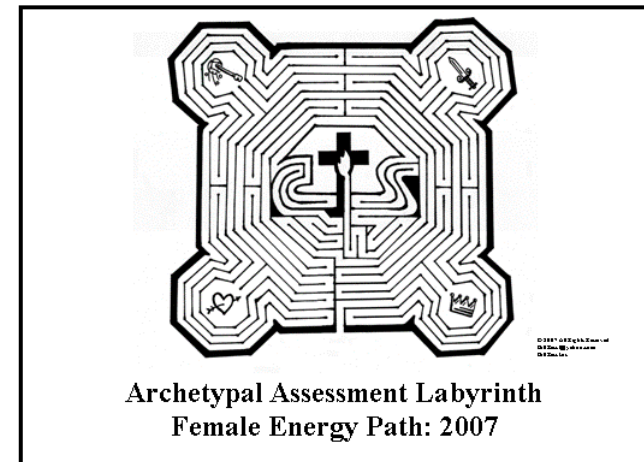
### Before Beginning - An Overview

Bill Ressler created the “Archetypal Assessment Labyrinth” when he served as a Teaching Assistant for Dr. Robert Moore in the experiential class, Integrative Psychotherapy and Spirituality, at Chicago Theological Seminary in 2007. There are two labyrinth designs, one for male archetypal energies and one for female archetypal energies based upon the archetypal developmental understandings of Dr. Moore an internationally recognized psychoanalyst and consultant (see <http://www.robertmoore-phd.com/>). The Archetypal Assessment labyrinth offers one the opportunity to walk through and among the various archetypal energies that are believed to serve as the foundation of existence. One brings a concern to the labyrinth and by walking into the center and then back out, following the path, one is provided the opportunity to explore solutions based upon the different archetypal energies (lover, magician, warrior, and royal). Providing an opportunity to experience energies and solutions that may be less clear due to one’s primary archetypal pattern of existence. The four corners of the labyrinth offer the walker the opportunity to discern their concern through the lens of a specific archetypal energy – lines are provided to jot down ideas and thoughts that occur in these spaces. The center of the path offers a space to explore the concern through the optimal balance that a cohesive integration of archetypal energies offer. The designs of the labyrinth include: a heart for the lover energy; a magician’s wand for the magician; a sword for the warrior energy; and a crown for the royal (king or queen) energy. As this labyrinth was designed specifically for a class at Chicago Theological Seminary the center path spells out “CTS.” The very center is a symbol of spiritual power, the eternal flame of the Spirit. To obtain maximum benefit from the Archetypal Assessment Labyrinth it is recommended that one works with a therapist trained in the neo-Jungian paradigm espoused by Dr. Moore.

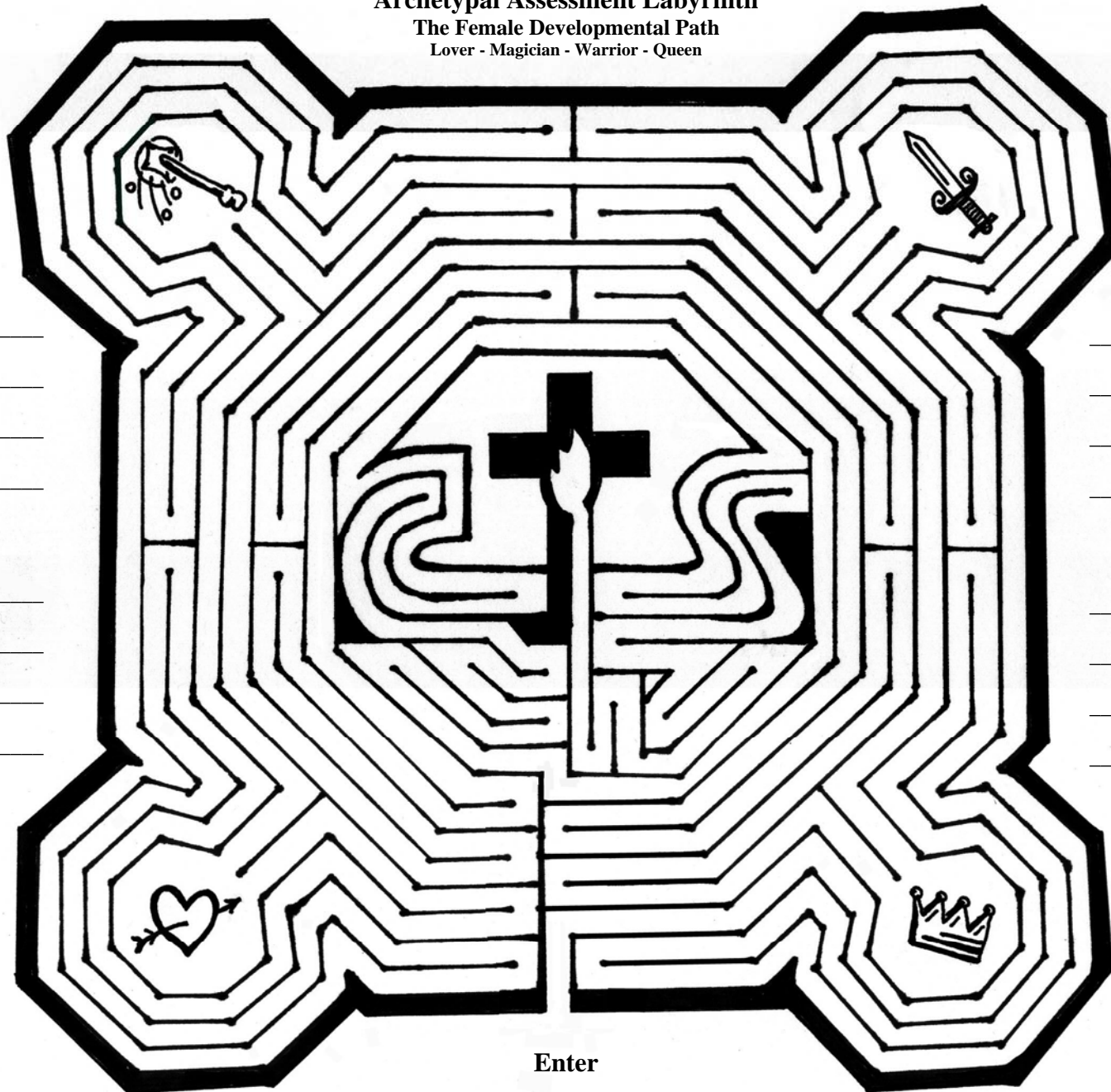
### The Female Path

Following the archetypal developmental pattern defined for those who carry the female energy, as one enters the labyrinth they are taken around the entire labyrinth until they enter and walk into the lover quadrant, the lower left corner, where they can discern how the lover energy might respond to the concern at hand. Entering the path once again they are taken to the magician quadrant, upper left corner, where they can discern how the magician energy might respond to the concern at hand. Similarly, the path leads to the warrior and then the royal quadrants offering an understanding of how those specific archetypal energies would respond to a specific concern. Last, the path leads to the center – a space that offers discernment as to how an archetypally balanced optimal solution may look. As the walker leaves the center the optimal solution is explored once again by a visit through the various energies as a test to see the challenges one may face on their life quest. Throughout an assessment of one’s archetypal mix can be discerned and thought through.

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Archetypal Assessment Labyrinth  
The Female Developmental Path  
Lover - Magician - Warrior - Queen



Magician

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Lover

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Warrior

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QUEEN

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